

# Guidelines for Foundations

## Basic Guidelines:

- 1) The choice of foundation is based on evaluation of the remaining tooth structure **after** decay and any existing restorations are removed.
- 2) It may be necessary to prepare the tooth in order to decide which foundation is appropriate. (when in doubt, prepare)
- 3) The **more** tooth structure remaining between the anticipated foundation material and the crown margin, the **less** important the foundation material/technique used. (and visa versa)
- 4) Composite materials:
  - a. Should not be used when they will be in close proximity ( $< 2$  mm) to an anticipated crown margin.
  - b. Cannot be used if isolation during placement is compromised.
- 5) Without at least a 2 mm ferrule, 360 degrees around a tooth, the long term prognosis of any foundation, as well as the final restoration, will be compromised.
- 6) The preparation design of a foundation must take into account the tooth reduction necessary for crown preparation, and whether that foundation will be adequately retained after crown preparation.
- 7) The choice of foundation also depends on the overall treatment plan for the tooth balanced with operator's preference.

---

## Recommended Foundations for Vital Teeth:

Materials available:

- Foundations: amalgam, composite core material
- Block-out: glass ionomer (as well as amalgam & composite)

### Vital Anterior teeth:

- 1) Minimum missing tooth structure (block out):
  - operator's choice of material
- 2) Moderate missing tooth structure but 2-3 mm of sound tooth structure apical to the foundation: – amalgam or composite core material



*Vital Anterior Minimum*



*Vital Anterior Moderate*

- 3) Substantial missing tooth structure, insufficient to retain the foundation after tooth preparation (< 2mm of sound tooth structure apical to foundation): – elective RCT, (possible crown lengthening), cast post & core

#### **Vital Premolars:**

- 1) Minimum missing tooth structure (block out):
  - operator's choice of material
- 2) Moderate missing tooth structure:
  - a. 2-3 mm of sound tooth structure apical to foundation 360 degrees around tooth, at least one marginal ridge remaining and adequate retentive features for foundation: – amalgam or composite core material
  - b. < 2 mm of sound tooth structure apical to foundation in some areas but adequate tooth structure to retain foundation after tooth preparation: – amalgam
- 3) Substantial missing tooth structure: < 2mm of sound tooth structure apical to foundation, and/or insufficient to retain the foundation after tooth preparation: – elective RCT, (possible crown lengthening), cast post & core (see non-vital premolars)



*Vital Anterior Substantial*



*Vital Premolars Moderate*



*Vital Premolar Substantial*



*Vital Molar Moderate*

#### **Vital Molars:**

- 1) Minimum missing tooth structure (block out):
  - operator's choice of material
- 2) Moderate missing tooth structure:
  - a. 2-3 mm of sound tooth structure apical to foundation 360 degrees around tooth, at least one marginal ridge remaining and adequate retentive features for foundation: – amalgam or composite core material
  - b. < 2 mm of sound tooth structure apical to foundation in some areas but adequate tooth structure to retain foundation: – amalgam

- 3) Substantial missing tooth structure: < 2mm of sound tooth structure apical to foundation, and/or insufficient to retain the foundation after tooth preparation: – elective RCT, (possible crown lengthening), amalcore or pre-fabricated post (see non-vital molars)



*Vital Molar Substantial*

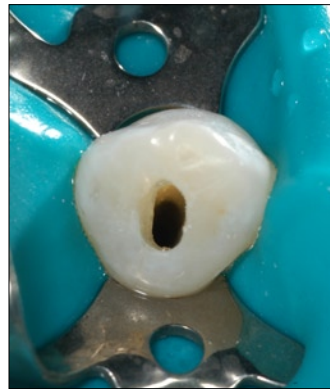
---

## **Recommended Foundations for Non-Vital Teeth:**

Restoration choices: amalcore, composite core material, cast post & core, pre-fabricated post & direct core

### **Non-Vital Anterior teeth:**

- 1) Minimum missing tooth structure (access opening only, with intact marginal ridges): – operator's choice of material
- 2) Moderate missing tooth structure, including one or both marginal ridges (2-3 mm of sound tooth structure apical to foundation): – cast post & core or pre-fabricated post & direct core
- 3) Substantial missing tooth structure, including both marginal ridges (< 2mm of sound tooth structure apical to foundation): – (Possible crown lengthening), cast post & core



*Non-Vital Anterior Minimal*



*Non-Vital Anterior Moderate*



*Non-Vital Anterior Substantial*

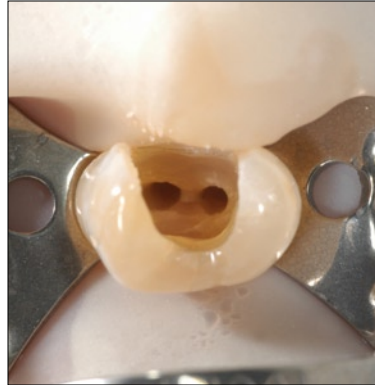


### Non-Vital Premolars:

- 1) Minimum missing tooth structure: – operator's choice of material (**cusps should be capped if crown preparation is delayed**)
- 2) Moderate missing tooth structure:
  - a. 2-3 mm of sound tooth structure apical to foundation 360 degrees around tooth (and adequate tooth structure/pulp chamber to retain foundation): – amalcore, composite core material
  - b. < 2 mm of sound tooth structure apical to foundation in some areas, and missing one or both marginal ridges: – amalcore (adequate tooth structure/pulp chamber (>3 mm) to retain foundation) or cast post & core or pre-fabricated post & direct core (insufficient tooth structure/pulp chamber to retain foundation)
- 3) Substantial missing tooth structure: < 2 mm of sound tooth structure apical to foundation: – (possible crown lengthening), cast post & core



*Non-Vital Premolars Minimal*



*Non-Vital Premolar Moderate*

### Non-Vital Molars:

- 1) Minimum missing tooth structure: – operator's choice of material (**cusps should be capped if crown preparation is delayed**)
- 2) Moderate missing tooth structure:
  - a. 2-3 mm of sound tooth structure apical to foundation 360 degrees around tooth (and adequate tooth structure/pulp chamber to retain foundation): – amalcore, composite core material
  - b. < 2 mm of sound tooth structure apical to foundation in some areas and missing one or both marginal ridges but adequate tooth structure/pulp chamber (> 3mm) to retain foundation: – amalcore



*Non-Vital Premolar Substantial*



*Non-Vital Molar Moderate*

- 3) Substantial missing tooth structure: < 2 mm of sound tooth structure apical to foundation:  
– (possible crown lengthening), restore with:  
a. pre-fabricated post & amalgam if < 3 mm depth of pulp chamber  
b. divergent cast post & core (resident or faculty only)



*Non-Vital Molar Substantial*

---

### **Additional Considerations:**

- 1) An amalcore foundation requires a pulp chamber of at least 3 mm depth.
- 2) A pre-fabricated post & direct core is used when there is minimal remaining tooth structure as well as inadequate retention from the pulp chamber.